

Occupational Therapy Supporting Transitional Clinics Receives High Parent Satisfaction Ratings

Background

- Texas receives low ratings in supports for those with disabilities
- College freshman are returning home due to inability to assume responsibility for daily tasks
- Got Transition[®], provides framework for Adult Transition with Transitional Readiness Assessments (TRA) recommendations
- Parents report limited knowledge regarding Post High School options.
- Performance review cycles indicate improved standardization needed

Method

- Progress Review Cycles utilized to develop best practice guidelines
- Referral Criteria
- Long term needs identified
- 14-22 years of age
- Ability to engage in home/community
- Three Assessment tools established as protocol TRA_Q
- PEDICAT₃ - ADL & Responsibility₄ sections.
- Transitional Readiness Quick Screener.
- National Research Cooperation (NRC) parent surveys₅
- PEDICAT responsibility data determined to be standardized outcome measure₄

Parent Feedback

"We enjoyed our visit. Believe me, that is saying a lot. We, like a lot of parents in our shoes, have been to so very many meetings, appointments & evals over the years that after awhile it just becomes kind of the same thing, just a different location or person. Our meeting with you was not only informative but enjoyable."

Hospital Therapists Report Knowledge Gaps



NRC Data Indicates 96% of caregivers would recommend an OT based TRA Assessment



TRA 2023 Results

- 62 TRAs completed
- 11 different clinics referred clients for TRA
- 31 providers referred clients for TRA
- Caregiver/Adolescent traveled from 29 different cities
- Clients age range 14yrs-19yrs
- 65% utilized Medicaid Managed Care for coverage
- PEDICAT responsibility scores improved in 100% (test/retest), Transition Readiness Assessment Questionnaire (TRAQ) results vary
- Increased gains noted in TRA assessment vs generalized OT assessment
- Generalized OT providers reports TRA limitation
- Parents report high satisfaction with TRA experience

Comparing Focus - TRAs vs Generalized Occupational Therapy Assessments

- TRA Assessment provides increased focus on
- Community Supports
 - Work Readiness
 - Personal Responsibility
 - Adolescent skills as they related to adulthood
 - Medical knowledge & readiness
 - ADL and IADL task modifications
 - Caregiver Burn out

PEDICAT Standardized Assessments TRA vs Generalized

- Transitional Readiness Focused Occupational Therapy Data
- 7 of 39 were completed Twice
 - ADL Scaled Score improvements documented 71%
 - Responsibility Scaled Score improvement documented 100%
- Generalized Occupational Therapy Data
- 8 of 39 were completed Twice
 - ADL Scaled Score improvements documented 50%
 - Responsibility Scaled Score improvements documented 63%

Conclusion

- ### Strengths
- The Office of Transition supports clinics across the system
 - TRA supports multiple clinics & physicians
 - TRA receives High Parent Likelihood of Recommending
 - PEDICAT responsibility gains noted in test/retest measurements
- ### Areas for focus
- Increasing staff knowledge to address post assessment needs
 - Increasing number of test/retest with PEDICAT assessment
 - Address difficulty allowing for PEDICAT & TRAQ progress result integration
 - Share Knowledge



Transitional Research Project 2023

- QR Code Data
- Process Map
- Community Supports
- References